



MONDAY



TUESDAY

WEDNESDAY



THURSDAY

FRIDAY


WEEK 1* 2021: 23rd August, 13th September, 4th October, 25th October, 15th November, 6th December,
2022: 3rd January, 24th January, 14th February, 7th March, 28th March, 18th April, 9th May, 30th May, 20th June, 11th July.

OPTION ONE	NEW Organic Beef Chilli	NEW Toad in the Hole	Roast Loin of Pork & Apple Sauce	Margarita Pizza	Fish Fingers or Salmon Fingers
OPTION TWO	NEW Homemade Vegetable Pasty	Vegetarian Sausage Toad in the Hole	NEW Cheese & Baked Bean Slice	Roasted Pepper Pizza	Quorn Dippers
OPTION THREE	Jacket Potato with Baked Beans 	Tuna Crunch Wrap	Vegetarian Chilli 	Coronation Chicken Wrap	Jacket Potato with Vegetable Bolognese
CARBS	Fluffy Rice Parsley Potatoes	Roast Potatoes ½ Jacket Potato	Creamy Mashed Potatoes	½ Jacket Potato Jewelled Cous Cous	Chips Minted Potatoes
VEGETABLES	Roasted Vegetables Sweetcorn	Peas Cauliflower	Carrots Broccoli	Sweetcorn Green Beans	Baked Beans Peas
SALAD BAR	Salad Bar Selection				
BREADS	Assorted Breads				
FRUIT	Fresh Fruit Platter/Yoghurt				
DESSERTS	NEW Rhubarb & Custard Cake Strawberry Whip	NEW Apple Berry Fool Shortbread Biscuit	Oatie Fruit Crunch & Custard Cheese & Biscuits	NEW Dutch Apple Cake Iced Bun	Vanilla Ice Cream Flapjack

WEEK 2* 2021: 30th August, 20th September, 11th October, 1st November, 22nd November, 13th December,
2022: 10th January, 31st January, 21st February, 14th March, 4th April, 25th April, 16th May, 6th June, 27th June, 18th July.

OPTION ONE	NEW Organic Minced Beef Casserole with Dumplings	Roast Chicken & Stuffing	Sausage in Onion Gravy	Macaroni Cheese	Battered Fish
OPTION TWO	NEW Vegetable Casserole with Dumplings	Roast Quorn Fillet & Stuffing	Vegetable Sausage in Onion Gravy	NEW Leek & Butter Bean Crumble	Vegetable Nuggets 
OPTION THREE	BBQ Bean Wrap 	Jacket Potato with Cheese	NEW Pepper Frittata	Tuna Mayonnaise in Pitta with Crunchy Slaw Salad	NEW Roasted Chickpea Wrap
CARBS	Roast Potatoes Potatoes in Skins	Parsley Potatoes ½ Jacket Potato	Creamy Mashed Potatoes Pasta in Tomato Sauce	Garlic Bread Potatoes in Skins	Chips Fluffy Rice
VEGETABLES	Green Beans Carrots	Peas Cauliflower Cheese	Medley of Roasted Vegetables Green Beans	Broccoli Carrots	Baked Beans Sweetcorn
SALAD BAR	Salad Bar Selection				
BREADS	Assorted Breads				
FRUIT	Fresh Fruit Platter/Yoghurt				
DESSERTS	NEW Banana Cake Berry Cheesecake	Chocolate Sponge & Chocolate Sauce Butterscotch Whip	Lemon Drizzle Cake Oat Cookie	NEW Orange Jelly with Mandarins Cherry Shortbread	Strawberry Ice Cream Crispy Cake

WEEK 3* 2021: 6th September, 27th September, 18th October, 8th November, 29th November, 20th December,
2022: 17th January, 7th February, 28th February, 21st March, 11th April, 2nd May, 23rd May, 13th June, 4th July, 25th July.

OPTION ONE	Organic Meatballs in a Homemade Sauce	Garlic Mushroom Pizza	NEW Roast Beef & Yorkshire Pudding	Chicken & Vegetable Pie	Fish Fingers or Salmon Fingers
OPTION TWO	NEW Carrot Bites in a Homemade Tomato Sauce	Margarita Pizza	NEW Mixed Bean Tagine 	Creamy Vegetable Pie	Vegetable Fingers 
OPTION THREE	NEW Vegetable, Bean & Sweetcorn Croquette	Tandoori Salmon Wrap	NEW Stuffed Potato Boat with Cheese & Peppers	NEW Chicken with Yoghurt & Dill in A Pitta Bread	NEW Frittata Muffin
CARBS	½ Jacket Potato Fluffy Rice	Pasta Shells Parsley Potatoes	Roast Potatoes Roasted Vegetable Cous Cous	Creamy Mashed Potatoes ½ Jacket Potato	Chips Pasta Shapes in a Homemade Tomato Sauce
VEGETABLES	Carrot Rounds Broccoli	Cauliflower Roasted Courgette	Peas Mashed Swede	Sweetcorn Green Beans	Baked Beans Minted Peas
SALAD BAR	Salad Bar Selection				
BREADS	Assorted Breads				
FRUIT	Fresh Fruit Platter/Yoghurt				
DESSERTS	NEW Peach & Raspberry Crumble & Custard Chocolate & Sweet Potato Brownie	NEW Banana Cupcake NEW Fresh Fruit salad 	Rice Pudding Orange Drizzle Cake	NEW Apple Sponge & Custard Chocolate Crunch Cookie.	Vanilla Ice Cream Cherry Shortbread

*Please follow the dates to find out which menu your school is on each week