



How to Support your Child to Read— Year 1

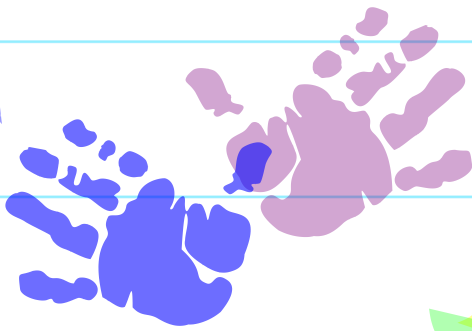
Adapted from a leaflet created by
Central South Leicestershire Cluster 2018



Developing vocabulary
through reading.



YEAR BOOK



Research Into Reading and Vocabulary

Did you know...

- 1) Over 1/4 of adults admit to not having read even part of a book within the past year! (survey 2013)
- 2) Reading can help you be more open minded and creative according to research at the University of Toronto.
- 3) People who read books live longer! That's according to Yale University researchers who studied 3,635 people older than 50 and found that those who read for 30 minutes daily lived an average of 23 months longer than non-readers.
- 4) The practise of reading creates cognitive engagement that improves lots of things such as vocabulary, thinking skills and concentration. It also affects empathy, social perception, positive mental health and emotional intelligence, the sum of which helps people to live longer.

STUDENT A READS

- 20 minutes per day
- 3,600 minutes per school year
- 1,800,000 words per year



SCORES IN THE 90TH
PERCENTILE ON
STANDARDIZED TESTS

STUDENT B READS

- 5 minutes per day
- 900 minutes per school year
- 282,000 words per year



SCORES IN THE 50TH
PERCENTILE ON
STANDARDIZED TESTS

STUDENT C READS

- 1 minute per day
- 180 minutes per school year
- 8,000 words per year



SCORES IN THE 10TH
PERCENTILE ON
STANDARDIZED TESTS

How can I help at home?

As a parent/carer, you are your child's first and most important teacher. Reading aloud to children is the best way to get them interested in reading. Spending time with word games, stories, and books will help your child.

Top Tips For Parents and Carers

YEAR BOOK

Top tips for reading:

- Find time for reading - allow time to read little and often.
- Be silly with the book - silly voices & laughs are a must!
- Allow time to read magazines & comic books etc. as well as book band school books.
- Encourage your child to retell the story you have just shared. This will give you an idea of how much they have understood.
- Talk, talk, talk:

Start with the title, look at the cover and briefly chat about what you might find inside.

At the bottom of each page, encourage your child to predict what might happen next.

Does this remind them of another story? Who would they recommend this book to?

Some Year 1 Recommended Books to Read/Share

Author	Title
Ahlberg, Allan	The Jolly Postman
Child, Lauren	Charlie and Lola Series
Donaldson, Julia	The Julia Donaldson Series
Hedderwick, Mairi	The Katie Morag Series
Potter, Beatrix	The Tale of Peter Rabbit
Thomas, Paul and Valerie	Winnie the Witch by Korky
Tolstoy, Aleksei	The Gigantic Turnip
Waddell, Martin	Owl Babies
Cronin, Doreen	Click, Clack, Moo
Strong, Jeremy	The Hundred-Mile-An-Hour Dog
Dodd, Lynley	Hairy Maclary
McKee, David	Not Now Bernard
Murphy, Jill	Peace at Last
Vipont, Elfrida, Briggs Raymond	The Elephant and the Bad Baby
Deacon, Alexis	I am Henry Finch
Hoffman, Mary	Amazing Grace
Riddell, Chris	The Emperor of Absurdia
Hughes, Shirely	Dogger
Tomlinson, Jill	The Owl Who Was Afraid of the Dark
Michael Bond	A Bear Called Paddington
Jon Scieszka	The True Story of the Three Little Pigs
Jan Fearnley	Mr Wolf's Pancakes
Jane Chapman	The Emperor's Egg
Ronda and David Armitage	The Lighthouse Keeper's Lunch
Benji Davies	The Storm Whale
John Burningham	Would You Rather
	Paper Bag Princess
Tony Bradman	Dilly the Dinosaur